

## HEALTH HISTORY UPDATE

Your name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_  
 Email \_\_\_\_\_  
 Date of birth \_\_\_\_\_ Social Security # \_\_\_\_\_

### Medical History

Are you allergic or made sick by Penicillin, aspirin, Codeine, or any other drugs or medications? \_\_\_\_\_  
 If yes, please list: \_\_\_\_\_

### Please provide a date for the following if applicable:

Glaucoma (Wide or narrow angle?) \_\_\_\_\_ Artificial Joint/ Joint Replacement \_\_\_\_\_  
 Angina Pectoris \_\_\_\_\_ Mitrovalve Prolapse (MVP) \_\_\_\_\_  
 Tuberculosis (TB) \_\_\_\_\_ Chemotherapy (Cancer, Leukemia) \_\_\_\_\_  
 High Blood Pressure (What is normal for you?) \_\_\_\_\_  
 Heart Murmur (Are you functional or nonfunctional?) \_\_\_\_\_

Rheumatic Fever _____	Congenital heart lesions _____	Rheumatism _____
HIV _____	Scarlet Fever _____	Cortisone Medicine _____
AIDS _____	Artificial heart valve _____	Psychiatric Treatment _____
Liver disease _____	Heart failure _____	Drug Addictions _____
Hepatitis A _____	Heart Disease or Attack _____	Epilepsy _____
Hepatitis B _____	Heart Pacemaker _____	Fainting _____
Hepatitis C _____	Heart surgery _____	Nervousness _____
Yellow Jaundice _____	Hay Fever _____	Anorexia _____
Blood transfusion _____	Allergies or Hives _____	Bulimia _____
Hemophilia _____	Cough _____	Diabetes (Type I or II) _____
Anemia _____	Sinus trouble _____	Thyroid disease _____
Sickle Cell disease _____	Asthma _____	Ulcers _____
Kidney trouble _____	Emphysema _____	X-ray/Cobalt treatment _____
Stroke _____	Arthritis _____	Cold sores _____
Pain in jaw joints _____	Herpes _____	Pregnant? _____

Please list all current medications \_\_\_\_\_

Name and number of current physician \_\_\_\_\_

Have you ever taken Fen Phen or Redux and if so, did you have a cardio exam? \_\_\_\_\_

*The information I have given is true and correct to the best of my knowledge. I will inform the doctor, assistant, hygienist if there is any change in my medical status.*

\_\_\_\_\_  
 Signature of guest or Guardian

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Doctor Signature

\_\_\_\_\_  
 Date

**EPWORTH SLEEPINESS SCALE:** How likely are you to doze off or fall asleep in the following situations, in contrast to just feeling tired? This refers to your usual way of life in recent times. Even if you have not done some of these things recently, try to work out how they would have affected you. Use the following scale to mark the most appropriate box for each situation.

**0= would never doze**

**1= slight chance of dozing**

**2= moderate chance of dozing**

**3= high chance of dozing**

- Sitting and reading \_\_\_\_\_
- Watching TV \_\_\_\_\_
- Sitting, inactive, in a public place (theater, meeting, etc) \_\_\_\_\_
- As a passenger in a car for an hour without a break \_\_\_\_\_
- Lying down to rest in the afternoon when circumstances permit \_\_\_\_\_
- Sitting and talking to someone \_\_\_\_\_
- Sitting quietly after lunch without alcohol \_\_\_\_\_
- In a car, while stopped for a few minutes in traffic \_\_\_\_\_

**Guest Name** \_\_\_\_\_

**TOTAL** \_\_\_\_\_